

NEW: ONGOING COURSES IN ZURICH OBERLAND, IN WETZIKON ZH

Since 27 March 2012, I offer every Tuesday from 19:30 - 21.00 a Meditation Workshop In Wetzikon/ZH.

In the "Wellness Center Wetzikon bodyworx," Guyer - Zeller Strasse 6, 8610 Wetzikon (4 minutes walk from station)

I teach my course "Consciousness and Meditation," and pass the "meditation on the Golden Flower".

The spontaneous decision to start now was funded by two women with whom I am connected through Cantienica Training and Polarity Therapy. There is a spacious room available in which we can also do body exercises.

In the course of preparation has been confirmed how much the exercises regularly performed, impact on daily life. Old stories appear again and can thus be processed and resolved. A serious side effect of the spiritual growth process. I will keep you informed as this develops.

The first day of the course is run from my point of view very well, and four people have signed up. I will try to give in all my knowledge, and an ever deeper and wider understanding of the mysteries of the Secrets of Revealing the Golden Flower.

It would please me if this workshop creates a strong and independent movement, with whom many seeking people can be achieved. My goal is to offer a sound knowledge of spiritual development opportunities - without dogmas and rituals - based on the science of nature, that guarantees non-denominational and without ideology to guarantee factual access for free humans.

BOOK COMMENTARY FOR PUBLICATION: "The Book of Aquarius" an INSTRUCTION MANUAL for the "philosopher's stone", the "Life Elixir", the substance that spends eternal life and eternal youth, heals all diseases and converts lead into gold.

"The Book of Aquarius" I have now read to the end, and won an overview how the author's explains the production of the "Philosopher's Stone", the "Elixir of Life" which shall give eternal youth. His descriptions animate me, to undergo a new examination of the alchemistic Processes within the meditation. The ancient Taoists spoke about Alchemy and the Great Work (to build the philosopher's stone) as a possible and first-class path to enlightenment independent of meditation.

In advance I asked myself, what can have a materialistic man set for a motivation to prolong his life. If the production of gold represents the main motivation, unnecessary to further questions, because most people are aiming for material wealth and how far and how long that makes happy, everyone should judge for themselves.



But when it comes to a longer life or even to immortality, the question at the end of the book is to be taken seriously. The author presents the idea that the Alchemist has simply become bored on this earth, and therefore no longer alchemical literature was published, he suspects that they are no longer alive. This contradicts the initial promise that the philosopher's stone promotes the spiritual and emotional growth and the joy of life. Nevertheless, I am still convinced that this possibility is provided in creation, that in earlier times there were those who possessed this knowledge, and that there are still living immortal, because it many serious stories and traditions indicates it.

As mentioned in the last newsletter the new publications offer in-depth explanations and information about everything I already know, and with great pleasure I will integrate the new findings from this literature in my meditation practice and update it also to my [brief instruction](#).

I am happy if we repeatedly get help in time from the opposite positive side, so that we can cooperate with our commitment and our awareness of the fact that the good forces take the lead in the near future. Without the direct support of all of my friends my classes would not have been possible. I would like to thank all the lovely people who have contributed to warmly.

My personal contribution is in my [informations](#) on my websites and my [course](#), with both I try to do my part that this change might take place more harmonious and profitable for everyone.

If you found this information "by chance", I ask you not to hesitate, and accept my gift, please contact me for a free preliminary, a personal encounter, an exchange of views, or an informative meeting.

With friendly greetings

Peter Todesco